

## **International and national guidelines and position papers recognizing the use of plant stanol ester for reducing LDL-cholesterol:**

European Society of Cardiology & European Atherosclerosis Society, 2016  
*2016 ESC/EAS Guidelines for the management of dyslipidemias.* [Eur Heart J 2016.](#)

The Sixth Joint Task Force of the European Society of Cardiology and Other Societies on Cardiovascular Disease Prevention in Clinical Practice, 2016  
*2016 European Guidelines on cardiovascular disease prevention in clinical practice.*  
[Eur Heart J 2016; 37: 2315-2381.](#)

American College of Cardiology, 2016  
*2016 ACC Expert consensus decision pathway on the role of non-statin therapies for LDL-cholesterol lowering in the management of atherosclerotic cardiovascular disease risk.*  
[JACC 2016.](#)

American Diabetes Association, 2016  
*Standards of Medical Care in Diabetes. Cardiovascular Disease and Risk Management.*  
[Diabetes Care 2016; 39: S60–S71.](#)

European Atherosclerosis Society, 2015  
*Wiegman et al. Familial hypercholesterolaemia in children and adolescents: gaining decades of life by optimizing detection and treatment.* [Eur Heart J 2015; 36: 2425-2375.](#)

National Lipid Association, 2015  
*Jacobson et al. National Lipid Association recommendations for patient-centered management of dyslipidemia: part 1 – full report.* [J Clin Lipidol 2015; 9: 129-169.](#)

Joint British Societies, 2014  
*JBS 3 board: Joint British Societies' consensus recommendations for the prevention of cardiovascular disease (JBS3).* [Heart 2014; 100: ii1-ii67](#)

European Atherosclerosis Society, 2014  
*Gylling H et al. Plant sterols and plant stanols in the management of dyslipidaemia and prevention of cardiovascular disease. Consensus statement of the European Atherosclerosis Society.* [Atherosclerosis 2014; 232: 346-360.](#)

### International Atherosclerosis Society, 2013

*An International Atherosclerosis Society Position Paper: Global Recommendations for the Management of Dyslipidemia. <http://www.athero.org/IASPositionPaper.asp>*

### American Diabetes Association, 2013

*Evert AB et al. Nutrition therapy recommendations for the management of adults with diabetes. A position statement of American Diabetes Association. [Diabetes Care 2013; 36: 3821-3842.](#)*

### European Atherosclerosis Society, 2013

*Nordestgaard et al. Familial hypercholesterolaemia is underdiagnosed and undertreated in the general population: guidance for clinicians to prevent coronary heart disease. Consensus statement of the European Atherosclerosis Society. [Eur Heart J 2013; 34: 3478-3490.](#)*

### National Heart, Lung, and Blood Institute, 2011

*Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. [Pediatrics 2011; 128: Suppl 5: S1-S44. NHLBI website](#)*

### The Australian Heart Foundation, 2009

*The Australian Heart Foundation. Position statement on phytosterol/stanol enriched foods 2007, updated December 2009. [AHF Website](#)*

### American Academy of Pediatrics, 2008

*Stephen R. Daniels, Frank R. Greer and the Committee on Nutrition. Lipid Screening and Cardiovascular Health in Childhood. [Pediatrics 2008; 122: 198-208.](#)*

### American Diabetes Association & American College of Cardiology Foundation, 2008

*Brunzell JD, Davidson M, Furberg CD et al. Lipoprotein Management in Patients With Cardiometabolic Risk: Consensus Conference Report From the American Diabetes Association and the American College of Cardiology Foundation. [J Am Coll Cardiol 2008; 51: 1512-24.](#)*

### Joint WHO/FAO Expert Consultation, 2003

*Report of a Joint WHO/FAO Expert Consultation, Diet, nutrition, and the prevention of chronic diseases. [WHO Technical Report Series, No.797 - TRS 797, 2003.](#)*